On September 17, we cut the ribbon, opening officially our expansion site at the Detroit Medical Center. In early 2010, when our new building is completed, we will host a similar celebration at the Macomb University Center. After years of planning and hard work, we are delighted to see our dream become a reality. Though we’re increasing our class size by 50%, from 200 to 300, this isn’t simple aggrandizement. It’s the extension of an institution of proven quality to meet need, to increase access, to teach cultural competence, to take our students to areas of high educational resource, and basically, to do the right thing.

MSUCOM was born in southeast Michigan, and has maintained a strong presence in the region for 40 years. We began as a private school in Pontiac in 1969, and we have always educated our third- and fourth-year students in excellent community hospitals affiliated with the college. Fourteen of these, and more than half of our 2,220 clinical faculty, are in southeast Michigan.

It’s a pleasure to be associated with such fine institutions. MSU, with its emphasis on “advancing knowledge, transforming lives,” exactly embodies our values of the science of medicine, the art of caring, the power of touch. Detroit Medical Center, a state-of-the-art medical powerhouse, provides a unique milieu in a culturally diverse area. Macomb University Center is part of a college recognized nationally as one of the most innovative in the nation. Our facilities at both new sites are fresh and beautiful, and we celebrate all the opportunities they represent. To all who have made this possible, thank you!

William D. Strampel, D.O., Dean

Field Research

Powell (right) explores the science of shoe-surface interaction.

by Craig Reed

Injuries are a concern for athletes, especially for those competing at the collegiate and professional levels. John Powell, Ph.D., A.T.C., explores one injury known as a high ankle sprain.

“A high ankle sprain requires longer for an athlete to recover than from a normal ankle sprain, so it can significantly affect athletes’ ability to participate in their sports,” said Powell. “To prevent these types of injuries, we have to understand the underlying mechanics.”

With little currently known about these sprains, Powell and a team of researchers from a variety of disciplines are studying the problem.

“One thing we explore is the shoe-surface interface,” explained Powell. “We look at how different cleat designs interact with different types of turf. We also want to understand the forces on a person as an athlete turns, stops and moves on the turf. We analyze these forces by setting up a tent on some of the outdoor turf and having an infrared camera we have adapted for use outside to observe the mechanics taking place in a moving athlete. The logistics are more challenging than in a laboratory setting. Wind, rain and other weather conditions can affect the delicate calibrations, but we’ve solved most of the problems.”

Powell also works to simulate high ankle sprains within the lab. “We take cadaver legs and subject them to what we believe to be the same stresses that is susceptible to stress fractures.”

Our challenge has been to produce reliable data for research each year with an ever-changing group of students active in the study,” said fourth-year student Annie Janjaki, who coordinates the student training. “Students go through an extensive 15-hour training program and are tested on all the protocols we have established before they can perform the examination on an athlete. It’s a lot of commitment, but for first- and second-year students, it’s a great opportunity to take what they’ve learned in their OMM classes and apply it. Dr. Brumim, who is still involved in the study, has been amazed by the dedication of the students. As a group, we perform approximately 350 exams on MSU athletes each year.

We’re hoping to submit our findings by fall of this year, which will be a major feat for the 146 medical students who have been involved in the study since its inception.”

by Craig Reed

Research to deepen our understanding of the effects of osteopathic manipulative medicine (OMM) on patients has been an ongoing interest at MSUCOM. One of the most student-driven research endeavors has been the stress fracture research project.

“The goal of this research is to better understand the causes of stress fractures through the use of OMM techniques to detect structural differences in patients,” said Adam Feinstein, D.O., who oversees the study with Dr. Lynn Brumim. “Other studies have looked at foot mechanics, calcium consumption and many other things, but so far no one has found the reason why stress fractures occur in one person and not another. Our study examines somatic dysfunction from the pelvic region on down in men and women cross-country runners and women basketball players. Our goal is to understand what’s different structurally between a normal athlete and one who

RESEARCH INTO THE STRESS FRAC TURES

by Craig Reed

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Alumni Focus: Michael Shingles

by Craig Reed

As an orthopedic surgeon focused on the health of athletes, ’96 alumnus Michael Shingles, assistant professor, Department of Radiology, loves what he does. “This type of work is so very well suited for the D.O. perspective,” said Shingles. “What I love is how individualized the care needs to be for each type of sport and at what point a patient is in his or her sport career. It’s all very osteopathic.”

One of the challenges for Shingles is not just how to speed patients back to health, but how to get them back to playing their sports as soon as possible. “In the case of athletes, you have to consider not only the injury when you’re evaluating treatment options, but other factors such as what part of the sport season it is,” said Shingles. “If the injury occurs during their off-season, asking athletes to take it easy for several weeks usually isn’t a problem. But if they are in the middle of their playing season, you have to understand that it’s important to the patients to be back playing as soon as possible. Oftentimes you’re helping a patient play as best as they can while still injured.”

If Shingles has any motto for his practice, it is to “know my patient.” “A lot of the people I see are older runners for whom running is an important way to relax. They want to keep going despite the fact they may be developing arthritis and other problems. When I talk with these patients, I explain clearly what running is doing to their bodies and work with them to find ways to prolong their running careers and minimize the damage they are inflicting on themselves. It’s important to appreciate the importance of sports in people’s lives and keep them doing them for as long as possible.”

One thing that keeps Shingles’ skills finely honed is working with MSU athletes. “At MSU you can build a great sports practice and become really good at what you do. We get referred a lot of the difficult cases. We learn a ton from these experiences. The more experience we get with challenging cases, the better our skills become, which benefits all of the patients who walk through our doors.”

One popular misconception is that physicians like Shingles see mostly college and professional athletes. Not so. “Roughly five percent of the surgeries I perform are on MSU athletes. The rest are almost entirely from the community, including high school athletes. Working in this area has been a great opportunity. I get to teach medical students at MSU and be a part of many sports activities here. There are also a lot of research opportunities as well, which is exciting. This is my dream job.”

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Getting Physical with the Special Olympics

Every year, participants in the Area 8 Special Olympics need to have physicals to verify they are healthy enough to take part in the activities. In response to this need, MSUCOM has partnered with the Special Olympics coordinators to have second-year medical students, under faculty supervision, perform the physical exams as part of MSUCOM’s Clinical Skills course. Started by the late Dean Allen W. Jacobs and Dr. Taylor Scott in 1998, this arrangement continues to be an important outreach opportunity as well as a rewarding experience for our medical students.

The Future of Sports Medicine

Sports medicine is changing to fit the needs and demands of the times. No one knows this better than Dr. Douglas Dietzel, clinical director for MSU Sports Medicine, a division of the Department of Radiology.

“Last year we moved into a newer, larger facility at the Eyde Building just east of the MSU campus,” said Dietzel. “We’ve gone from having 4,000 square feet to 10,000 square feet of space. We have room to expand further if we need to, and we’re still close to campus. So we’re easily accessible to MSU athletes, which was an important consideration.”

As part of improving care for their patients, the unit has added new facilities. “We now have a radiology unit housed within our offices,” said Dietzel. “It’s equipped to take digital x-rays, which helps speed up the inner workings of diagnosing patients. Our goal is to offer one-stop convenience for our patients.

Everything that is needed to diagnose and treat them is available right here. “Our facility treats a large variety of patients. Most of the injuries we treat are not sports-related, but are often work-related. We see everyone from young kids to a 97-year-old woman with a torn rotator cuff,” continued Dietzel. “Our expertise with athletes allows us to offer others in the community some of the best care available. As we look to the future, the needs of the community are going to determine how we’re going to expand.”

Dr. Larry Nasar (center) is one of a host of faculty involved in sports medicine CME.

Sports Medicine CME

Athletic doctors at MSU not only work hard to hone their own skills, they are also involved in sharing what they’ve learned through a continuing medical education program offered by MSUCOM. Last summer 106 participants improved their ability to evaluate patients and initiate appropriate treatment for commonly encountered sports-related injuries by strengthening clinical decision-making through an evidence-based approach.

Dr. Larry Nasar (center) is one of a host of faculty involved in sports medicine CME.

Dietzel has been clinical director for MSU Sports Medicine since 2005.

MSUCOM has been offering free physicals to Special Olympics participants since 1998.

The New Sports Medicine Facility

In 2008, MSU Sports Medicine moved from its home in the Clinical Center to the fourth floor of the Eyde Building, which is just east of campus on Hagadorn Road – making it a convenient location for MSU athletes and community patients. The facility has more than twice the space of the original location with the potential for further expansion, and is equipped with the latest technology, including digital x-ray machines.
A History of Treating Athletes

by Craig Reed

While doctors have been working with athletes for many decades to maintain their health and aid their recovery from injuries, the notion of having physicians specialize in such work is relatively recent. The movement was started in the late 1970s by a handful of doctors, eventually leading to the establishment of the American Medical Society for Sports Medicine in 1991, marking sports medicine’s transition into the mainstream.

“There was no real concept of sports medicine when I first started medical school,” said ’87 alumnuus Jeffrey Kovan, assistant professor, Department of Radiology. “There wasn’t perceived to be a place for this in medicine. I had the fortune of working with Drs. David Hough and Doug McKeag, two of the founders of modern sports medicine, who showed me otherwise.”

“Our sports medicine clinic opened in 1983, making it one of the first in existence,” said Vicki Curley, R.N., clinical administrator for the Sports Medicine Clinic at MSU. The clinic was started at the Olin Health Center and later moved to the Clinical Center. “Originally we had only primary care physicians but, over time, orthopedic surgeons have joined our team and provided a valuable expansion into the care we provide here.” This combination of family medicine and orthopedics allows for better overall care of athletes.

“We bounce ideas off each other and brainstorm together,” said ’01 alumnus Andrew Schorfhaar, an orthopedic surgeon. “There are definite advantages to having doctors with different backgrounds and training working together.”

While MSU athletes benefit from such collaborations, community athletes also benefit. “We cover local high school games free of charge, especially football and other high contact sports,” said Schorfhaar. “We also cover the Lansing Lugsnuts baseball games.” Community involvement also takes the form of partnerships with local businesses, such as a free clinic at Playmakers, where runners and other community athletes can receive free foot care advice from one of the local sports medicine physicians.

“We play an active role in educating medical students and residents,” said Curley. “Residents from around the country come to MSU to learn from us. We also work with high school counselors to arrange opportunities for their students to come in to shadow a physician to see if this is something they want to pursue as a career. It’s important to us to be involved in the community in many different ways.”

Community involvement is just one aspect of sports medicine that leans toward osteopathic practices. “Part of my job is to take time to listen to the athletes and their concerns,” said Kovan. “It’s important to learn about them, their families and what makes them tick in order to provide them the best care. Some of the most important notes I take are about their personal lives to help me remember facts about them so when I see them again, I can ask them a few questions to let them know I’ve been listening to them.”

“One of the advantages of working in this field,” noted Schorfhaar, “is that when you come into your office, they are motivated to play an active role in their own recovery so they can get back to what they love doing.” Working with each of your patients as a team: that’s very osteopathic.

JOHN HAWKINS

Spending his undergraduate years at Alma College gave John Hawkins opportunities to play sports while getting his education. “I played lacrosse on a club team, and I played varsity basketball for two of the years I was there,” said John. “I had never seen lacrosse before college. It looked intense so I joined the team. We didn’t win very often, but we had a lot of fun, which was important to us.”

When not playing sports, John could be found singing in Alma’s a cappella group, “Scots on the Rocks.” “We sang a lot of pop rock and barbershop music,” said John. “I also play a little guitar on the side.”

“Deciding to go to medical school was a gradual process for me,” continued John. “I was hearing about medical school from my sister during her four years, but I think what finally made me decide this was the career for me was when I was in South America helping in a clinic and observing surgeries. Those hands-on experiences made me realize this is what I want to do.”

ALYSSA ROTHWELL

For Alyssa Rothwell, her sport of choice was serving as the coxswain for the men’s rowing team at the University of Michigan. “A coxswain is the one in charge of the boat, the ‘coach in the boat,’ as rowers would say,” said Alyssa. “There are different dynamics when you are part of a men’s team versus a women’s team, but it was a good experience for me. I still have a lot of friendships from the team.”

Before coming to MSUCOM, Alyssa spent time working in a retirement community. “Part of my work involved studying the relationship between motor control and aging in elderly patients,” said Alyssa. “I’ve also spent time working with pediatric psychiatrists, which was interesting and rewarding. We studied the quality of life for children who were non-adherent to their medications. My experiences in medicine so far have been pretty positive, especially when I’m working directly with patients.”
**GRADUATION 2009**

**MSUCOM’s largest graduating class was an even 200.**

One of the most celebrated days for fourth-year MSUCOM students has come to pass for the Class of 2009 – the day they earn their D.O. degrees and soon after start their residencies and internships. This year’s Hooding and Commencement was held on May 7 at the Wharton Center on the MSU campus. Dr. William G. Anderson Sr. gave this year’s commencement address noting both the significant challenges as well as opportunities for this year’s graduates. Daniel Weber, president of the Class of 2009, offered his insights to his fellow graduates, and their family and friends. A total of 200 students graduated this year - the largest graduating class ever for MSUCOM.

**CONVOCATION 2009**

“You have wisely chosen a calling in life to one of the best professions on the planet”

Students, faculty and staff gathered together on June 26 at the Wharton Center for MSUCOM’s 39th annual Convocation and White Coat Ceremony. The ceremony marks the beginning of a student’s medical education and career. MSUCOM faculty ceremonially place the white coat – symbolic of the medical profession – on each entering first-year student. This year’s incoming class size has increased from 200 to 300 – the largest class ever for the college. The Class of 2013 is the first class to be split among MSUCOM’s three locations: East Lansing, the Macomb University Center and the Detroit Medical Center.


During the ceremony 21 new members of the Osteopathic Medical Scholars Program, entering MSU undergraduates who plan to enter the field of medicine, were recognized as well.

Hodges III, J.D., was recognized with this year’s Thomas Angott award. The award is given to a non-physician layperson who has demonstrated strong leadership in the advancement of osteopathic education within Michigan and service within MSUCOM.

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As the Michigan State University College of Osteopathic Medicine expands into southeast Michigan, so too does our long line of supporters grow. Their generosity has supported the osteopathic profession and has earned our ranking as the seventh best medical school in the nation for primary care education. We would like to recognize and thank all of our donors for supporting our efforts to provide quality health care to the people of Michigan and beyond.

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Benjamin D. Arguello
and Charlene A. Arguello
Leslie J. Aronson
and Paul F. Aronson
Aaron E. Aronson
and Sarah L. Aronson
Gregory A. Armstrong
and Sarah L. Armstrong
Bernard J. Aronow
and Richard J. Aronow
Don and Mrs. Aronow
Don and Mrs. Aronow
Ronald J. Arsenault, D.O.
and Mary K. Arsenault
John J. Arsenault
and Mary K. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Don and Mrs. Arsenault
Upcoming Events

October 14-18  ACOI Convention
Tucson, Arizona  
Alumni reception on the 15th

November 1-5  AOA
Annual Convention
New Orleans, Louisiana
Alumni reception at the House of Blues on the 2nd at 6:00 p.m.

January 21-24  MAOP Convention
Bellevue, Michigan  
Alumni reception on the 23rd

March 6-13  Seminar in the Sun
Montego Bay, Jamaica

WHERE ARE YOU?

Please keep us informed of recent moves or changes in your practice. It is important for college reports, grant writing, etc., that we have up-to-date information on our alumni. Changes to your information can be made on the MSUCOM website under the alumni section or by calling (877) 853-3448.

MSUCOM Alumni Office
A310 E. Fee Hall
East Lansing, MI 48824
(517) 432-4979 or toll free (877) 853-3448
email: kim.camp@hc.msu.edu
www.com.msu.edu/alumni

Classtones from '89 included Keith Bellows, Geron Turk, Joe Naughton, John Sauchak, Richard Shellenberger, Mike Vredenburg

Silverfest Tailgate

A roaring crowd of alumni, faculty, staff and friends, joined MSUCOM for the tailgate before the MSU vs. Central Michigan football game on September 12 as part of the college's Silverfest weekend. MSU President Lou Anna Simon visited with participants, as well as a contingent of musicians playing Spartan music. But what tailgate is complete without Sparty appearing shortly before the game for photo opportunities and to fire everyone up before the matchup?

Tony Ognjan ('83), Sharon Rouse ('99), Rosemarie Tolson ('99), Jaime Halverson ('99), James Ranta ('84), Lori Dillard ('99), Gene Kielhorn ('80), Chris Schnurer ('86), Sparty, Ron Miller ('84), Earl Burhans ('84), William Kokx ('84), Gary Willyerd ('78), Ken Stringer ('74), Mary Ann Skiba ('79), Mary Louder ('93)

Osteopathic Perfect

Good football weather awaited this year's participants of the Osteopathic Open as they teed off at Eagle Eye Golf Course in Bath, MI, that love to up-date information on our alumni. Changes to your information can be made on the MSUCOM website under the alumni section or by calling (877) 853-3448.

Classtones from '89 included Keith Bellows, Geron Turk, Joe Naughton, John Sauchak, Richard Shellenberger, Mike Vredenburg

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runs an extremely efficient health insurance program. Medicare is reputed to spend only four cents of every dollar for administration. However, government also has a 40-year history of ignoring economic reality. When government perceives health care costs to be too high, simply pay providers less. Michigan’s Medicaid program pays physicians approximately 50 percent of what the federal government has determined to be the cost of physician care and is currently discussing an 8 percent reduction in physician payment for the coming fiscal year.

Health insurance reform. The creation of a national health care policy, the issue of a “public option” has become one of the major sticking points in the discussion. Liberals argue that the most cost-efficient health care delivery system would be a single-payer, public plan similar to Canada and Great Britain. Conservatives argue that we should rely on competition in a free market health insurance system. In fact, reliance on either free market health insurance or a government-controlled public plan is a scary proposition. For-profit health insurance companies operate with a medical loss ratio as low as 55 percent. This means that only 55 cents of every premium dollar is used for health care services. The remaining 45 cents is used for administration, advertising, reserves and profit. Moreover, health insurers routinely establish idiosyncratic policies and billing practices which dramatically increase costs to health care providers. Nonetheless, when the call goes out for health care cost containment, the cutbacks fall on the backs of the providers, not the insurance companies.

Government, on the other hand, runs an extremely efficient health insurance program. Medicare is reputed to spend only four cents of every dollar for administration. However, government also has a 40-year history of ignoring economic reality. When government perceives health care costs to be too high, simply pay providers less. Michigan’s Medicaid program pays physicians approximately 50 percent of what the federal government has determined to be the cost of physician care and is currently discussing an 8 percent reduction in physician payment for the coming fiscal year.

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“Receiving the scholarship meant a lot to me. It was an honor to be recognized by faculty for the hard work I had put in during my four years of medical school,” said ’05 alumnus Nathanael Brady, the second recipient of the Jacobs scholarship. “I was active in the Student Osteopathic Association of Sports Medicine (SOASM) when I was going to MSUCOM. I’ve always had an interest in pediatrics as well, so I became involved in doing sports physicals and later helping adolescent athletes control their asthma so they could continue to play the sports they enjoy. I eventually chose to focus on asthma and allergies as a fellow, but I continue to use my skills to help kids stay active.”

For ’06 alumna Brooke Lemmen, the scholarship has given her a connection to someone with a similar passion. “I never got to meet Dean Jacobs. Ironically, he died the day before I was interviewed by the admissions committee,” said Lemmen. “I wish I had a chance to meet him. We had a lot in common. I just started my sports medicine fellowship this summer. I had been dreaming of this opportunity since I was an undergraduate. Being a recipient of the Jacobs scholarship was one step in the process of fulfilling a dream I’ve had for more than nine years – to make a difference in athletes’ careers and to help them play the best they can in sports they love.”

The underpinnings of the Statewide Campus System (SCS) are the staff who diligently work to keep each part of it running as a well-oiled machine. One such individual is Martha Ribbens, this year’s recipient of MSUCOM’s Staff Excellence Award.

“The staff worked together to meet the standards of the Statewide Campus System, which means that the whole is greater than the sum of its parts,” said Martha Ribbens. “I am honored to receive this award, and I am grateful to the MSUCOM administration for recognizing the important role that staff play in the success of the institution.”

Martha Ribbens
A Foundation of Quality

Staff Excellence Award. “It was a shock to be recognized in this way,” said Ribbens. “It’s a big honor. There are so many people who deserve this, so I feel I’m receiving it on behalf of all the staff.”

Ribbens started working at SCS in 1996. “As part of SCS, I collect and maintain data on the nearly 1,400 trainees and the 207 programs they are in across the 30 hospitals in the Statewide Campus System. I monitor each person’s training from internship to the end of their residency. Those data are then reported to the American Osteopathic Association and become part of their permanent training record,” said Ribbens. Ribbens is also responsible for the human resources activities for SCS, serves on the SCS Governing Board and SCS Membership Committee, tracks each of the 207 programs accreditation and size, and produces the SCS Newsletter.

“My personal physician has always been a D.O., even as a child,” said Ribbens. “Working for MSUCOM just seemed a natural fit and a way to give back. We have such a wonderful team at SCS and MSUCOM. It is very rewarding and a privilege to work with each and every one of them.”

For a complete listing of MSUCOM events check out our Web calendar: www.com.msu.edu and click on “Calendar”.

For more information, visit www.botsford.org/physicians.

October

9
CME: “Cardiology Update 2009” – 8 hours of Category 1A credit. Marriott, East Lansing, MI. Chairperson is David Strobl, D.O. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

14-18

16-20
CME: “CranioSacral Techniques: Part 2” – 40 hours of Category 1A credit. East Fee Hall, MSU campus. Early bird tuition is $1100; full tuition is $1500; repeat tuition is $1125. Chairperson is Barbara Birrer, D.O. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

23-25
CME: “Integrated Neuromuscular and Myofascial Release” – 20 hours of Category 1A credit. East Fee Hall, MSU campus. Early bird tuition is $350; full tuition is $750. Chairperson is Lisa DeStefano, D.O. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

November

1-5
American Osteopathic Association and American College of Osteopathic Family Physicians 114th Annual Convention - New Orleans, Louisiana. Alumni reception at the House of Blues on the 2nd at 6:00 p.m.

6-7
CME: “2009 Symposium for Primary Care Medicine” – 18 hours of Category 1A credit. Sheraton Detroit Novi Hotel, Novi, MI. For more information, visit www.botsford.org/physicians.

6-9
CME: “Exercise Prescription as a Complement to Manual Medicine” – 32 hours of Category 1A credit. East Fee Hall, MSU campus. Early bird tuition is $950; full tuition is $1150; repeat tuition is $862. Chairpersons are Lisa DeStefano, D.O., and Mark Bookhout, P.T. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

13-16
CME: “Direct Action Thrust: Mobilization with Impulse” – 32 hours of Category 1A credit. East Fee Hall, MSU campus. Early bird tuition is $950; full tuition is $1150; repeat tuition is $862. Chairperson is Carl Steele, D.O. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

December

DECEMBER

20
CME: “A Cornucopia of Primary Care: Come Harvest New Ideas” – 6 hours of Category 1A credit. Macomb University Center, Clinton Township, Michigan. Early bird tuition is $100; full tuition is $150. Chairperson is Kari Hortos, D.O. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

4-8
CME: “Principles of Manual Medicine” – 36 hours of Category 1A credit. East Fee Hall, MSU campus. Early bird tuition is $1200; full tuition is $1400. Chairperson is Sherman Gorbis, D.O. Contact Jan Falls or Meghan Tappy at (517) 353-9714 or fallsj@msu.edu.

January

January

February

February

4, 11, 18, 25
“Slavery to Freedom: An American Odyssey” – Kellogg Hotel and Conference Center, East Lansing. Every Thursday in February, distinguished educators visit MSU to discuss African-American history and culture.

6
MOCF Ball: “Puttin’ on the Glitz” – Annual fundraiser for the Michigan Osteopathic College Foundation. Net proceeds benefit educational programs and student scholarships at MSUCOM, Botsford-Clinton, Dearborn, MI. Contact Colleen Kniffen at (517) 355-9616 or kniffen@msu.edu.

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Calendar of Events 2009
Healthy Lifestyle and Preventive Care:
Future Directions
March 6-13, 2010

WHAT'S INSIDE:

Treating athletes both at MSU and in the community is a strength of MSUCOM
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A growing interest to better understand sports-related injuries has spurred a variety of research at MSUCOM
PAGE 4

Treating athletes both at MSU and in the community is a strength of MSUCOM
PAGE 1

Grand Palladium Lady Hamilton Resort
MONTEGO BAY, JAMAICA

featuring a 20-hour AOA Category IA CME Course

Contact MSUCOM: (517) 432-4979, Toll free (877) 853-3448, email kim.camp@hc.msu.edu

MSUCOM congratulates the graduates from the Class of 2009
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