

YEAR	STEPS	TIMELINE FOR SUCCESS
Year 1	Understanding Yourself	<ul style="list-style-type: none"> <li>• Prioritize coursework. Read <a href="#">Why Grades Matter</a>. Reach out to faculty if struggling with content.</li> <li>• Attend Just In Time semester orientations.</li> <li>• Seek out an advisor or mentor.</li> <li>• Join MSUCOM <a href="#">specialty interest groups</a>.</li> <li>• Learn about <a href="#">base hospitals</a> at the <a href="#">MOA DME event</a> in late spring (Mid-May). <a href="#">2019 Liaisons</a> <a href="#">2020 Liaisons</a></li> <li>• <a href="#">Shadow</a> to learn more about specialties of interest.</li> <li>• Tour base hospitals. <a href="#">Click for information</a></li> <li>• Begin building your CV using the MSUCOM <a href="#">CV Template in Word</a> format; <a href="#">include pertinent roles and activities</a> from Year 1. CV will be used in Year 3 to <a href="#">create your MSPE</a>.</li> </ul>
Year 2	Exploring Options	<ul style="list-style-type: none"> <li>• Continue focus on coursework. Read <a href="#">Why Grades Matter</a>. Reach out to faculty if struggling with content.</li> <li>• Set up <a href="#">Careers in Medicine</a> (CiM) account. CiM Provides scientifically based self-assessment tools, many customized for the medical profession: MSPI-R (interests); PVIPS (values); PSI (skills); SIS (where to start); MBTI® or Keirsey (personality)</li> <li>• Integrate board prep materials with coursework. <a href="#">Click for Board Prep Page</a></li> <li>• Explore specialties of interest through the <a href="#">MSUCOM Career Planning website</a> and <a href="#">Careers in Medicine</a> (CiM), or by taking course electives, <a href="#">shadowing</a>, attending specialty interest group events, and participating in group activities designed to help with specialty and career choices.</li> <li>• Participate in extracurricular activities and <a href="#">research</a> that does not interfere with coursework.</li> <li>• Compare <a href="#">Careers in Medicine</a> (CiM) self-assessment results to information gathered about specialties and discuss questions or concerns with a <a href="#">Career Advisor</a> or mentor.</li> <li>• Wondering what to consider when <a href="#">selecting your base hospital</a>? Schedule an appointment with your <a href="#">career advisor</a> or read the Base Hospital Selection Guide and talk to base hospital liaisons.</li> <li>• If appropriate, request <a href="#">special consideration</a> for base hospital assignment.</li> <li>• Attend required meetings about clerkship and base hospital selection.</li> <li>• Continue to update your CV to include relevant information from Year 2. <a href="#">CV Template in Word</a>.</li> <li>• Take <a href="#">COMLEX</a> Level 1 (prior to Clerkship) &amp; pass (by Jan 1 of year 3<sup>rd</sup>). Take <a href="#">USMLE</a> Step 1 (<a href="#">Should you?</a>)</li> <li>• Complete Specialty Preferences form and update as needed. <a href="#">Class of 2020</a> and <a href="#">Class of 2021</a></li> </ul>
Year 3	Choosing a Specialty	<ul style="list-style-type: none"> <li>• <a href="#">Career Planning Webinar</a></li> <li>• Begin clinical rotations and request letters of recommendation <a href="#">see page 8 of Residency Guide</a>.</li> <li>• Consider keeping a journal of your clerkship experiences to aid in composing your Personal Statement; write about pivotal moments, influential and motivational patient experiences; aspects of specialties you enjoy or find inspiring; personal strengths you bring to a specialty. Think more deeply about your specialty choices; research desirable qualifications and competitiveness. (To receive a copy of our Official Competiveness Data, email <a href="mailto:ac.guidance@hc.msu.edu">ac.guidance@hc.msu.edu</a>.)</li> <li>• Complete the on-line <a href="#">MSUCOM Specialty/Rotation Comparison Form</a> for specialties of interest.</li> <li>• Research desirable qualifications and competitiveness for specialties (use <a href="#">CiM</a> competitiveness tab under each specialty).</li> <li>• Update CV to include relevant information from Year 3. Provide CV to authors of letters of recommendation. <a href="#">CV Template in Word</a>.</li> <li>• Complete the Specialty Indecision Scale Assessment in <a href="#">Careers in Medicine</a> if you are having a difficult time narrowing down your specialty choices or unsure of your competitiveness, then schedule an appointment with a <a href="#">career advisor</a>.</li> <li>• <b>Watch ERAS webinar provided by Career Guidance in Spring Semester.</b></li> <li>• Determine the best timeframe in which to take <a href="#">COMLEX</a> Level 2 CE &amp; PE (and <a href="#">USMLE</a> Step 2 CK &amp; CS, if you elect) and select your test dates. Dates fill quickly. For help selecting a test date, see <a href="#">page 15 the MSUCOM COMLEX/USMLE Guide</a>.</li> <li>• Participate in <a href="#">Clinical Enrichment experiences</a> outside of rotations. These experiences can be used to get more exposure to a specialty in a variety of practice settings, give you the chance to check out a program and/or get “face-time” at a program and will be listed on your MSPE.</li> <li>• Draft Personal Statement for review by a Career Advisor <a href="mailto:ac.guidance@hc.msu.edu">ac.guidance@hc.msu.edu</a>, mentor, friend, or faculty. Start early!</li> <li>• Research residency positions and programs:             <ul style="list-style-type: none"> <li>○ <a href="#">AOA</a> – <a href="#">click here</a></li> <li>○ <a href="#">ACGME</a> – <a href="#">click here</a></li> <li>○ <a href="#">Careers in Medicine</a> – <a href="#">click here</a> (you must log in)</li> </ul> </li> <li>• Having difficulty narrowing your options or unsure of your competitiveness? Meet with a <a href="#">career advisor</a> to discuss top choices.</li> </ul>

YEAR	STEPS	TIMELINE FOR SUCCESS
Year 3 (continued)	Getting into Residency	<ul style="list-style-type: none"> <li>Update Specialty Preferences form as needed. Verify program requirements with Program Director.</li> <li>Schedule “audition” rotations at your top-choice programs for August-December of 4<sup>th</sup> year. AOA programs interview earlier than NRMP; check program due dates. Ask attending about his or her expectations of you and regularly ask for feedback (don’t wait for them to offer). Let program director know of your interest in the program. Send a thank you after the rotation. Don’t be shy and reserved. Be memorable, in a good way. Find a trusted senior resident or physician to mentor you.</li> <li>NRMP Prism App – <a href="#">click here</a></li> <li>Utilize the on line <a href="#">Audition Rotation/Residency Program Tracking Spreadsheet</a> under the Career Guidance website (save to your desktop and complete as you finish rotations.)</li> <li>Complete <a href="#">clinical enrichment experiences</a> outside of rotations as a way to get “face time” in program if unable to audition.</li> <li>Take COMLEX level 2 CE &amp; PE. Most programs require that you take and pass before they’ll rank you. If you didn’t do well on COMLEX Level I, a good score on COMLEX Level 2CE is even more important. (<a href="#">See page 17 of the COMLEX/USMLE Guide.</a>)</li> <li>Be aware of applicable early match deadlines: <a href="#">SF Match</a> and <a href="#">Military Match</a></li> <li><a href="#">Register with ERAS</a>. Begin uploading documents (CV, personal statements, etc.) and applying to residency programs. <b>***KNOW YOUR DEADLINES***</b> (<a href="#">View presentation by MSUCOM</a>).</li> </ul>
		<ul style="list-style-type: none"> <li><b>REGISTER FOR MATCH(ES)</b> <ul style="list-style-type: none"> <li>AOA (early June) – <a href="#">click here</a></li> <li>NRMP (Late August) – <a href="#">click here</a></li> </ul> </li> <li>Interview with residency programs (Aug – Nov of 4<sup>th</sup> year). Send follow-up correspondence to appropriate individuals.</li> <li>MSPE (a.k.a. Dean’s Letter) released October 1.</li> <li>Rate programs using the official <a href="#">Rank Order List</a> (ROL)</li> <li>AOA ROL Submission Begins: <b>January 8, 2019</b>; ROL Deadline: <b>January 18, 2019</b>; AOA MATCH: <b>FEBRUARY 4, 2019</b></li> <li>ACGME ROL Submission Begins: <b>January 15, 2019</b>; ROL Deadline: <b>February 20, 2019</b>; <b>The Main Match: March 15, 2019</b></li> </ul> <p><b>POST-MATCH INFORMATION</b></p> <ul style="list-style-type: none"> <li>AOA SCRAMBLE – <a href="#">click here</a> and scroll to the bottom &amp; <a href="#">click here</a> – it’s up to you to continually monitor this site.</li> <li>SCRAMBLE TOOLKIT - <a href="#">click here</a></li> <li>ACGME SOAP (Supplemental Offer &amp; Acceptance Program) – <a href="#">click here</a></li> </ul>
Year 4	Matching	

## General Timeline

July of 3 <sup>rd</sup> Year	Begin asking for Letters of Recommendation
January-July	Work on CV and Personal Statement
June-August	Apply for elective / audition Rotations
<b>Prior to July 1</b>	<b>ERAS Opens</b>
July 1	AOA programs available through ERAS
July 5	Students may begin applying to AOA programs
Late August	ACGME programs available through ERAS
September 5	Students may begin applying to ACGME programs
August-January	Complete Audition Rotations
October-January	Residency Interviews
October 1	MSPE released to ERAS
November	Register to AOA Match
November	Instructions available for submitting Rank Order Lists
January	ROLIC System opens to submit Rank Order Lists
January	AOA Rank Order List Deadline
February	AOA Match Day
February	ACGME Rank Order List Deadline
March	NRMP Residency Match Day