Preparing Tomorrow’s Doctors... TODAY!
College of Osteopathic Medicine

Academic and Career Guidance during the Preclerkship Program
Academic and Career Guidance

Student Services
Office of the Associate Dean
William Falls, PhD

AC Guidance
Kim Peck

Personal Counseling
Celia Guro, PhD

Registrar
Robin Hastings

Admissions
Katherine Ruger, PhD

Scheduling/Activities
Beth Courey
The Team

Kim M. Peck, MBA
East Lansing
(517) 884-4037

Gillian Bice, MA, PhD
East Lansing
(517) 432-7083

Holly Bielawski, MA
Macomb
586-226-4801

Kirsten Waarala, DO
DMC
586-226-6711
Online Resources

Academic and Career Guidance

Welcome to the Office of Academic and Career Guidance

Our mission is to inspire, motivate, and encourage MSUCOM medical students to achieve their goals and realize their full potential as Osteopathic physicians. Whether it’s the need for Academic Guidance during the first two years as a medical student or assistance navigating the path to specialty choice and residency, we have many resources available.

Quick Links

- Careers in Medicine (CiM)
- CV
- Constructing a CV
- Personal Statement
- Match
- Road to Residency
- Study Skills Strategies

AACOM Student Q & A on Single GME Accreditation System

Contact us at acguidance@msu.edu

Visit our Facebook page for advice on study tips, specialty options as well as match and residency information

Academic Guidance

Career Guidance

Board Preparation

Professionalism
Online Resources

- MSU Library
- **Study skills** ➔
- Test anxiety
- Test taking tips
- Time management
- Wellness

- Getting the most out of studying
- What to do before, during and after lecture
- Improving reading comprehension
Preclerkship Academic Guidance

• General advising
• Academic notice
• Referrals
  – Personal Counseling
  – PEAK program
Academic Notice

• Students at or below the 20th percentile following Semester 1, 2, and 3
• Assess
  – Study / learning skills
  – Organizational / time management skills
  – Emotional maturity and personal insight
• Potential outcomes
  – Advice and coaching
  – Referral to course faculty
  – Referral to personal counseling
  – Referral to PEAK program
Personal Counseling and Health Promotion

- Address students’ personal and professional issues students, including mental, physical and spiritual concerns
- Confidential and separate from other academic advising, although overlap may exist
- Students may self-refer or may be referred by Academic Guidance staff or faculty for issues such as
  - Depression
  - Anxiety
  - Stress management
  - Personal/family issues
  - Substance abuse
Personal Counseling and Health Promotion

EAST LANSING:
Celia B. Guro, PhD
Director of Personal Counseling and Health Promotion
Confidential consultations regarding any issue of concern

DMC and MUC:
John Meulendyk, DO
Associate Professor & Counselor
Confidential consultations regarding any issue of concern

EAST LANSING:
Al Aniskiewicz, PhD, ABPP
Clinical Psychologist
Professor Psychiatry and Neurology

EAST LANSING
Jennifer Miller
Administrative Assistant
PEAK Program

• Dr. Mangala Sadasivan
• Three parts
  – Intake
  – Assessment
  – Full day workshop
• Eligible for boards boot camp
Early Career Guidance

• Specialty Spotlight Series
• Careers in Medicine website