

YEAR	STEPS	TIMELINE FOR SUCCESS
Year 1	Understanding Yourself	<ul style="list-style-type: none"> • Prioritize coursework; reach out to faculty if struggling with content. • Attend semester orientations. • Seek out an advisor or mentor. • Attend career guidance activities, such as Specialty Spotlight Series Luncheons and DME Expo. Click for events • Join MSUCOM specialty interest groups. • Learn about base hospitals at the MOA DME event in late spring (Mid-May). Career Guidance Base Hospital Info 2018 Liaisons 2019 Liaisons • Shadow to learn more about specialties of interest. • Tour base hospitals. Click for information • Begin building your CV using the MSUCOM CV Template in Word format; include pertinent roles and activities from Year 1. CV will be used in Year 3 to create your MSPE. • Set up Careers in Medicine (CiM) account. CiM Provides scientifically based self-assessment tools, many customized for the medical profession: MSPI-R (interests); PVIPS (values); PSI (skills); SIS (where to start); MBTI® or Keirsey (personality)
Year 2	Exploring Options	<ul style="list-style-type: none"> • Continue focus on coursework. Reach out to faculty if struggling with content. • Integrate board prep materials with coursework. Click for Board Prep Page • Explore specialties of interest through the MSUCOM Career Planning website and Careers in Medicine (CiM), or by taking course electives, shadowing, attending Specialty Spotlight Series Luncheons, and participating in group activities designed to help with specialty and career choices. • Participate in extracurricular activities and research that does not interfere with coursework. • Compare Careers in Medicine (CiM) self-assessment results to information gathered about specialties and discuss questions or concerns with a Career Advisor or mentor. • Wondering what to consider when selecting your base hospital? Schedule an appointment with your career advisor. • If appropriate, request special consideration for base hospital assignment. • Attend required meetings about clerkship and base hospital selection. • Continue to update your CV to include relevant information from Year 2. CV Template in Word. • Take COMLEX Level 1 (prior to Clerkship) & pass (by Jan 1 of year 3rd). Take USMLE Step 1 (Should you?) • Complete Specialty Preferences 2019 or Specialty Preferences 2018 form and update as needed.
Year 3	Choosing a Specialty	<ul style="list-style-type: none"> • Career Planning Webinar and list of resources cited in Webinar • Begin clinical rotations and request letters of recommendation see page 8 of Residency Guide. • Consider keeping a journal of your clerkship experiences to aid in composing your Personal Statement; write about pivotal moments, influential and motivational patient experiences; aspects of specialties you enjoy or find inspiring; personal strengths you bring to a specialty. Think more deeply about your specialty choices; research desirable qualifications and competitiveness. (To receive a copy of our Official Competiveness Data, email ac.guidance@hc.msu.edu.) • Complete the on-line MSUCOM Specialty/Rotation Comparison Form for specialties of interest. • Research desirable qualifications and competitiveness for specialties (use CiM competitiveness tab under each specialty). • Update CV to include relevant information from Year 3. Provide CV to authors of letters of recommendation. CV Template in Word. • Complete the Specialty Indecision Scale Assessment in Careers in Medicine if you are having a difficult time narrowing down your specialty choices or unsure of your competitiveness, then schedule an appointment with a career advisor. • Watch ERAS webinar provided by Career Guidance in Spring Semester. • Determine the best timeframe in which to take COMLEX Level 2 CE & PE (and USMLE Step 2 CK & CS, if you elect) and select your test dates. Dates fill quickly. For help selecting a test date, see page 15 the MSUCOM COMLEX/USMLE Guide. • Participate in Clinical Enrichment experiences outside of rotations. These experiences can be used to get more exposure to a specialty in a variety of practice settings, give you the chance to check out a program and/or get “face-time” at a program and will be listed on your MSPE. • Draft Personal Statement for review by a Career Advisor ac.guidance@hc.msu.edu, mentor, friend, or faculty. Start early! • Research residency positions and programs: <ul style="list-style-type: none"> ○ AOA http://opportunities.osteopathic.org/search/search.cfm ○ ACGME https://www.ama-assn.org/life-career/search-ama-residency-fellowship-database • Update Specialty Preferences Class of 2019 Class of 2018 form as needed. Verify program requirements with Program Director. • Having difficulty narrowing your options or unsure of your competitiveness? Meet with a career advisor to discuss top choices.

	<p style="text-align: center;">Getting into Residency</p>	<ul style="list-style-type: none"> • Schedule “audition” rotations at top-choice programs for August-December of 4th year. AOA programs interview earlier than NRMP; check program due dates. Ask attending about his or her expectations of you and regularly ask for feedback (don’t wait for them to offer). Let program director know of your interest in the program. Send a thank you after the rotation. Don’t be shy and reserved. Be memorable, in a good way. Find a trusted senior resident or physician to mentor you. • Utilize the on line Audition Rotation/Residency Program Tracking Spreadsheet under the Career Guidance website (save to your desktop and complete as you finish rotations.) • Complete clinical enrichment experiences outside of rotations as a way to get “face time” in program if unable to audition. • Take COMLEX level 2 CE & PE. Most programs require that you take and pass before they’ll interview or rank you. If you didn’t do well on COMLEX Level I, a good score on COMLEX Level 2CE is even more important. (See page 17 of the COMLEX/USMLE Guide.) • Be aware of applicable early match deadlines https://www.sfmatch.org/MatchCalendar.aspx or http://medicineandthemilitary.com/officer-and-medical-training/residency-and-match-day • Register with ERAS https://www.aamc.org/students/medstudents/eras/. Begin uploading documents (CV, personal statements, etc.) and applying to residency programs. ***KNOW YOUR DEADLINES*** (View presentation by MSUCOM).
<p style="text-align: center;">Year 4</p>	<p style="text-align: center;">Matching</p>	<ul style="list-style-type: none"> • REGISTER FOR MATCH(ES) <ul style="list-style-type: none"> ◦ AOA (early June) http://www.natmatch.com/aoairp/ ◦ NRMP (Late August) http://www.nrmp.org/ & http://www.nrmp.org/residency/main-residency-match/. • Interview with residency programs (Aug – Nov of 4th year). This is a prime time to schedule “auditions” at top-choice programs. Send follow-up correspondence to appropriate individuals. • MSPE (a.k.a. Dean’s Letter) released October 1. • Rate programs using the official Rank Order List (ROL) http://www.natmatch.com/aoairp/applprepare.html. • AOA ROL Submission Begins: January TBA, 2018; ROL Deadline: January TBA, 2018; AOA MATCH: FEBRUARY TBA, 2018 • ACGME ROL Submission Begins: January TBA, 2018; ROL Deadline: February TBA, 2018 @ 9pm; The Main Match: March TBA, 2018 <p>POST-MATCH INFORMATION</p> <ul style="list-style-type: none"> • AOA SCRAMBLE https://www.natmatch.com/aoairp/aboutoverview.html (scroll to bottom) and http://cf.osteopathic.org/aoapostmatch/index.cfm. It’s up to you to continually monitor this site. • SCRAMBLE TOOLKIT http://com.msu.edu/Students/Career_Guidance/scramble_toolkit.pdf • ACGME SOAP (Supplemental Offer & Acceptance Program) http://www.nrmp.org/faq-questions/i-am-soap-eligible-how-do-i-apply-to-or-contact-programs-about-unfilled-positions-during-soap/

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Contact our office at: ac.guidance@hc.msu.edu

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