



MSUCOM Mental Health Resources

MSUCOM Counseling and Health Promotion Office

Confidential professional consultation regarding any issue of concern for MSUCOM students

Dr. John R. Taylor, Psy.D. (EL): 517-432-0141, John.Taylor@hc.msu.edu

Dr. Albert Aniskiewicz (EL): 517-353-3070, al.aniskiewicz@hc.msu.edu

Dr. John Meulendyk (DMC/MUC): 313-578-9600, john.meulendyk@hc.msu.edu

MSUCOM Peer Mentor Office Hours

1:1 confidential peer mentoring by OMSII to OMSI, topic of discussion is open to anything desired by OMSI

Thursdays 6-10 pm in the Kobiljak Resource Center

Contact: **Dr. Celia Guro**, guro@msu.edu, **Alexandra (Alex) Corrado**, corradoa@msu.edu

MSUCOM Personal and Professional Growth Group

Medical student support group that facilitates discussions on various topics such as “Balance”, “Grief and Loss”, “Relationships”

Contact: **Ayah Anani**, ananiaya@msu.edu, **Elise Yoon**, yooneelis@msu.edu

MSUCOM Joy Initiative Dinner

To help students incorporate happiness into their lives. Includes meditation, mindfulness, and cognitive behavioral therapy

Contact: **Jessica Bilodeau**, jessica.bilodeau@hc.msu.edu

MSU Psychiatry Clinic (EL): 517-353-3070 <http://psychiatry.msu.edu/services>

MSU Counseling Center (EL): 517-355-8270 <http://counseling.msu.edu>

MSU Olin Student Health/Mental Health (EL): 517-353-8737 http://olin.msu.edu/services/couns_psych.htm

In addition to Mental Health Olin Student Health Services offers counseling and assessment on:

- Alcohol, Tobacco, and other Drugs
- Nutrition and Eating Concerns
- Sexual Wellness

To learn more call 517-353-4660 or visit <http://www.olin.msu.edu/healthed>

MSU Sexual Assault Program (EL): 517-372-6666 <http://endrape.msu.edu>

Eve's House

Shelter and supportive services to victims of domestic and sexual violence

eveinc.org/services, 517-372-5572



Brighton Center for Recovery

Rehabilitation center for assistance with drug or alcohol addiction

stjohnprovidence.org/brighton-center-for-recovery, 877-976-2371

