



MSUCOM Mental Health Resources
(ctrl + click to follow the link)

National Suicide Prevention Lifeline: 9-8-8 or (800) 273-8255

Crisis Text Line: Text "HOME" to 741741

24-Hour Crisis Numbers:

MSU Counseling and Psychiatric Services (CAPS) 24/7/365 After-Hours Crisis Counseling (517) 355-8270

MSU Sexual Assault Program Crisis Line (517) 372-6666

Eve: End Violent Encounters (517) 372-5572

Detroit-Wayne Mental Health Authority 24-Hour Centralized Crisis Access Center: (1-800) 249-4141

Macomb County Community Mental Health Crisis Services: (586) 307-9100

[Find a Crisis Line by Michigan County](#)

Emergency Psychiatric Services:

Lansing Area [Sparrow Hospital](#) (517) 364-1000

Detroit Area [Henry Ford Hospitals](#) (313) 916-2100

MSUCOM CARE Team: MSUCOMCARETeam@hc.msu.edu

If you are concerned about a fellow student or are seeking personal support you can send an e-mail to the team. *Your contact is kept strictly confidential.* Please include a brief description of what the concern is about for the person or yourself. E-mails will be responded to within 24 hours during regular weekday business hours from 8:00 a.m. to 5:00 p.m. ***If you are concerned about an immediate safety risk to self or others, dial 9-1-1.*** For further information about the CARE Team go to www.com.msu.edu and click on MSUCOM CARE Team *near the bottom right corner* of the home page.

Wellness & Counseling Office:

Confidential professional consultation and counseling regarding any issue of concern for MSUCOM students. This office also assists students in connecting with referrals near their site. Sessions can be scheduled currently online by Zoom. ***Note: if you or someone you are concerned about is threatening suicide or harm to oneself or another dial 9-1-1 immediately.*** Counselor contact information:

Dr. John R. Taylor (EL): 517-432-0141, taylo520@msu.edu

Ms. Amy Kim (DMC): 586-263-6711, kimamy4@msu.edu

Ms. Mary Katherine Burnett (MUC): 313-578-9636, burne148@msu.edu

Peer Mentor Office Hours (All Three Campuses):

1:1 confidential peer mentoring by OMSII to OMSI, topic of discussion is open to anything desired by OMSI. To be connected with a Peer Mentor, please email peermentors.msucom@gmail.com.

Non-Crisis MSU Campus Resources

MSU Fee Hall Psychiatry Clinic: 517-353-3070 www.psychiatry.msu.edu/services

MSU Counseling and Psychiatric Services (CAPS): 517-351-8270 Mental health services are free to enrolled MSU students – General Information https://caps.msu.edu/general_info/index.html

MSU Resource Center for Persons with Disabilities: 517-884-7273 www.rcpd.msu.edu

MSU Alcohol and Other Drugs Program: 517-884-6598 www.healthpromotion.msu.edu/alcohol-drugs/

MSU Safe Place Relationship Violence and Stalking Program: 517-355-1100 www.safeplace.msu.edu/

MSU Center for Survivors: 517-355-3551 www.endrape.msu.edu

MSU Sexual Assault Healthcare Program: 517-353-2700 <https://centerforsurvivors.msu.edu/sexual-assault-healthcare-program/index.html>

MSU Student Veterans Resource Center: 517) 884-5973 www.veterans.msu.edu/

Off Campus Resources (Identified by Site Location)

Eve's House (Lansing, MI): 517-372-5572, www.eveinc.org/emergency-shelter
Shelter and supportive services to victims of domestic and sexual violence

Brighton Center for Recovery (Brighton, MI): (877) 976-2371 www.stjohnprovidence.org/brighton-center-for-recovery Rehabilitation center for assistance with drug or alcohol addiction

Central City Integrated Health – Detroit Community Health Center: 313-831-3160
www.centralcityhealth.com/ Mental health, housing, and substance abuse programs

National Alliance on Mental Illness (NAMI) - Michigan Chapter: www.namimi.org/
Facilitates support groups for parents, relatives, or friends of persons with mental illness

National Recovery Referral Helpline and Therapist Directories by City

Substance Abuse and Mental Health Services Administration (SAMHSA): 1-800-662-HELP (4357)
www.samhsa.gov/find-help/national-helpline Treatment Referral and Information Service

Psychology Today – Find a Therapist: www.psychologytoday.com/us

The Michigan Mental Health Networker: www.mhweb.org/directory3.htm