

OMM 511 – Osteopathic Manipulative Medicine I

Fall Semester 2- 2022

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Notice to Students: Although course syllabi at MSUCOM have a consistent format, important details differ by course. For this reason, you must read the syllabus thoroughly at the onset of each course to know what the course will provide and what is expected of you.

Section 1 – Course Information

Course Description

Osteopathic Manipulative Medicine I is a 1 credit hour course that provides students with the basic palpatory skills and clinical knowledge leading to osteopathic diagnosis and treatment.

Measurable Course Objectives

The American Osteopathic Association has identified osteopathic core competencies (OCC) essential for practice as a future osteopathic physician ([reference](#)). These are embedded throughout programmatic objectives and curriculum. The curricular structure also encourages proficiency in the Core Entrustable Professional Activities (EPAs) for Entering Residency as defined by the Association of American Medical Colleges to help build toward that future phase of the journey toward medical practice ([reference](#)). By the end of this specific course, learners should be able to achieve the following objectives within each competency domain indicated:

Medical Knowledge

1. Develop a fundamental knowledge base in osteopathic neuromusculoskeletal medicine as it applies to the thoracic spine, to include: common conditions and their clinical presentations, differences between inpatient and outpatient care, related skills and procedures, urgent/emergent patient care scenarios, common approaches to clinical problem solving, formulating differential diagnoses, and/or current diagnostic and treatment/management guidelines. (*Clinical Science - Neuromusculoskeletal*)
2. Review anatomical and physiological structure and function of the thoracic spine to differentiate between normal and abnormal function. (*Biomedical Science - Anatomy/Physiology, Pathology/Pathophysiology*)

Osteopathic Principles, Practice, and OMM

1. Apply osteopathic principles such as the osteopathic tenets and the values of holistic, person-centered care to an appropriate patient care plan for the thoracic spine in a clinical setting or case discussion. (*OPP Principles/Integration*)
2. Apply knowledge and skills related to osteopathic manipulative treatment to an appropriate patient care plan for the thoracic spine in a clinical setting or case discussion. (*OMM/OMT Principles/Integration*)
3. Participate in learning experiences in academic, clinical, and community settings that include observation and hands-on application of OMT as applied to the thoracic spine and as supervised by COM-credentialed physicians (DO or MD). (*OMM/OMT Observation/Application*)

Patient Care and Procedural Skills

1. Explore the application of patient care and procedural skills within the context of osteopathic manipulative medicine. (*Data Gathering - EPA 1, Differential Diagnosis - EPA 2, Patient Education/Consent - EPA 11, and Treatment/Management - EPA 4*)

Professional Development and Reflection Skills

Additionally, the American Osteopathic Association indicates several other competencies on which professional development and reflection across time will foster effective medical practice. These include the ability to work collaboratively as part of an interprofessional team; the maintenance of an inquisitive and scientific approach to learning and medical practice; and the adoption of self-direction in lifelong learning and clinical decision-making. This course will contribute to the development of these longitudinal competencies or skills as indicated:

Interprofessional Education for Collaborative Practice

The Interprofessional Education Collaborative has identified the core competencies necessary for health care professionals to foster effective and collaborative patient care ([reference](#)). These include effective communication skills, fostering shared values and ethics for practice, knowledge of team roles and responsibilities, and ability to engage in teamwork and team-based practice. This course encourages interprofessional competency as follows:

Scientific Method

Knowledge of the scientific method in the medical domain includes topics such as ethical data collection, hypothesis testing, and conducting and/or evaluating the significance of clinical or translational research to inform evidence-based patient care. It can involve decision-making tools and procedures along with the ability to communicate with lay audiences to gain informed consent or explain research processes and findings. This course fosters scientific competency as follows:

Self-Directed and Lifelong Learning

Self-directed learning is a 4-step process that occurs within an encapsulated timeframe. The goal of self-directed learning is to help foster self-direction in your lifelong learning and clinical decision-making. This course includes the steps of self-directed learning as follows:

1. **Self-Assessment of Learning Needs** – To be described as applicable.
2. **Identification, Analysis, & Synthesis of Information** – To be described as applicable.
3. **Appraisal of Information Source Credibility** – To be described as applicable.
4. **Feedback on Information-Seeking Skills** – To be described as applicable.

Course Director

Name: Catherine Donahue, D.O.

Email: donahu54@msu.edu

Course Faculty

Name	Email	Site
Lori Dillard, D.O.	ldillard@msu.edu	MUC Site Coordinator
Terri Steppe, D.O.	steppe@msu.edu	DMC Site Coordinator
Peter Blakemore, D.O.	Blakemo5@msu.edu	EL
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Curriculum Assistants

Site	Name	Email	Phone
East Lansing	Michele Benton	bentonmi@msu.edu	517-353-9110
DMC	Donna Stern	sterndon@msu.edu	313-578-9667
MUC	Beata Rodriguez	rodri583@msu.edu	586-263-6799

Lines of Communication

- For administrative aspects of the Course: contact the course director.
- For content questions relating to a specific lecture or topic: contact the faculty presenter for that specific portion of the course or your SE MI on-site instructor.
- For absences/missed exams (see excused absence information below)
- Please set your notifications in D2L to immediate to receive posted News announcements. You may choose to receive notifications by email or SMS.

Office Hours

Questions concerning may be discussed individually by making an appointment with the Course Director, Catherine Donahue via e-mail at donahu54@msu.edu.

Course Web Site

The URL for the Course website is: <https://d2l.msu.edu>

Textbooks and Reference Materials

Required

Students may access the required OMM textbooks and many others

at: <http://libguides.lib.msu.edu/medicalimages>

- Chila, Anthony G., 2011. *Foundations for Osteopathic Medicine* 3rd Edition, ISBN# 978-0-7817-6671

<http://ezproxy.msu.edu/login?url=http://meded.lwwhealthlibrary.com/book.aspx?bookid=757>

- DeStefano, Lisa, D.O. 2017. *Greenman's Principles of Manual Medicine* 5th Edition, ISBN# 978-1-451193-90-9

<http://ezproxy.msu.edu/login?url=http://meded.lwwhealthlibrary.com/book.aspx?bookid=1743>

Course-based Academic Support

The course faculty are here to facilitate your learning. Please feel free to contact the Course Director with any personal issues you may have involving this course. Additional academic support resources can be accessed through MSUCOM Academic and Career Guidance and MSUCOM Personal Counseling.

Course Begin and End Dates

OMM 511 begins on August 29, 2022 and ends on December 15, 2022. See addendum for detailed daily course schedule.

Exams/Assessments

The successful achievement of learning objectives will require knowledge and skills acquired in other portions of the overall MSUCOM educational program. Students will be expected to apply concepts and vocabulary learned in other courses to problem-solving for exams/assessments in this course.

To maintain security of assessments, you may NOT post questions on the discussion board regarding exam questions or quiz questions. Kindly email your questions to the course director.

Assessments	Projected Points	Material to be Covered
Weekly Quizzes	44	Weekly Reading Material
Practical Exam 1	0	Course content from 8/29/22 – 9/27/22 ***No points awarded for practical exam, it will be graded as Pass/Fail
Practical Exam 2	0	Course content from 10/18/22 – 11/8/22 ***No points awarded for practical exam, it will be graded as Pass/Fail

Assessments	Projected Points	Material to be Covered
Written Exam	30	Cumulative Exam

Course Grades

The course faculty determine the threshold for satisfactory performance in each preclerkship course. Your course grade will be determined by the following formula:

(Quiz Points) 25% of grade + (Written Exam) 75% of grade = Final Percent Score

AND

Must pass both practical exams.

- **P-Pass**— means that credit is granted and that the student achieved a level of performance judged to be satisfactory by the instructor. To obtain a “P” grade for this course, a student must obtain an overall average of greater than or equal to 70% in the course and a Pass on both practical exams.
- **N-No Grade**— means that no credit is granted and that the student did not achieve a level of performance judged to be satisfactory by the instructor.

An “N” may be assigned to any student who:

- Obtains less than 70% in the course,
- OR**
- Fails to satisfactorily complete a required Corrective Action for a failed practical exam, or fails to meet the attendance requirements.

*Failure of a practical exam will result in a corrective action process, which will occur during the semester. Failure of the corrective action process will result in a failure in the course.

- **Remediation** – If you receive an “N” grade and meet the criteria below, you will be eligible to attempt remediation:
 - Earn a final percent score in the course of 60 % or greater, and
 - Have satisfied any requirements necessary for 1 unexcused or 2 excused absences.

The remediation opportunity for this course will be by examination. Passing is 70%.

All remediation exams for semester FS22 are scheduled for January 3, 2023 and January 4, 2023. Refer to the remediation policy information provided in Section 2 of this syllabus for more information.

Student Evaluation of the Course

We want your feedback on how to improve this course.

- **Informal Feedback:** Feel free to approach the Course director, Catherine Donahue, or any of the other course faculty with your reactions and suggestions.
- **Formal Evaluation:** In addition to the above, we ask every student in the class to complete formal on-line course evaluation upon conclusion of the course. Student feedback provides Course

Directors with valuable information regarding their performance, the performance of their colleagues, and the quality of the course. The information gained from these evaluations is used to continuously improve future offerings of this course. Students in the Class of 2025 can access the evaluation system at: [MSUCOM Pre-clerkship Evaluation System](#).

Section 2 – Policies

Please refer to the Student Handbook at <https://com.msu.edu/current-students/student-handbook-course-catalog> for these and other policies.

Academic Honesty and Professionalism

Every student is responsible for their behavior and is expected to adhere to all MSU and MSUCOM policies of academic honesty and professionalism, as outlined in the MSUCOM Student Handbook and the MSU Medical Student Rights and Responsibilities. These documents may be found on the MSUCOM website. Additional guidance on academic integrity may be found on the MSU Ombudsperson's website at <https://ombud.msu.edu/sites/default/files/content/Academic-Integrity-at-MSU-updated-August-2017.pdf>

Incidents of academic dishonesty or professional misconduct will be addressed by the faculty, administration, or staff; such action may include, but is not limited to: giving a failing grade, referring a student for judicial review, directing the student to the Associate Dean of Medical Education, evaluation by the Committee on Student Evaluation, and other actions outlined in the Medical Student Rights and Responsibilities document.

Types of Class Sessions

MSUCOM designates lectures and other class sessions by their delivery method. While additional terms may be used in a specific course, the following will provide general guidance to the type of session:

- Live or livestream lecture: broadcast at a designated time; intended to be viewed synchronously
- Online Lecture: recorded content, may be viewed asynchronously
- Webinar: more interactive session where student participation is expected
- Lab: may refer to on-site clinical skills training or online lab session; see details

Changes to Course Schedule or Requirements

Due to external circumstances, the course requirements published in the course syllabus and/or course schedule may be subject to change. Timely notification Communication regarding changes will be provided to enrolled students via the course D2L site and/or email. Any changes made will consider the MSU Code of Teaching Responsibility and the MSU Medical Students Rights and Responsibilities.

Mandatory and Optional Class Sessions

All lectures and other class sessions are considered to be integral to the course, and students are expected to attend, view, or participate in each session. Some sessions are designated as “mandatory” in that attendance at the session on the scheduled date and time is required. Depending on the course, a student may earn points for attending or participating in a mandatory session or may lose points for failing to attend or participate. Availability of make-up points for missed sessions is at the discretion of the course director. Optional class sessions are offered by faculty to assist students in learning or reviewing course content.

Absences from Mandatory and Examinations/Assessments

It is the responsibility of the student to know which class sessions are deemed as mandatory and comply with the MSUCOM policy regarding absences from mandatory sessions and examinations. This policy may be found in the MSUCOM Student Handbook on the MSUCOM website. Requests for an excused absence must be submitted via the [student portal](#).

Specific Procedures for the OMM Laboratory

If a student has one unexcused absence and/or 2 or more excused absences, he/she will be required to complete a make-up experience for the missed time. The form of make-up experience will be determined by the course director and may be comprised of shadowing in the OMM Clinic, write a paper on a topic of the Course Director's choosing, or other activity related to the material missed. Paper's should be double-spaced and have at least two references. The completed paper must be acceptable to the OMM Course Director and must be submitted before the course end date. Failure to complete the make-up experience or more than 1 **unexcused** absence will result in the student receiving an "N" grade.

Required Attire for OMM Laboratories

Scrubs, sweatpants and shorts with elastic waistbands (no denim materials) are required attire for all Osteopathic Manipulative Medicine Laboratories. Also acceptable are tank tops, T-shirts, bathing suit tops, sports bras, and scrub tops. Button-down shirts and other street clothes are not allowed.

Students who do not follow these guidelines may be dismissed from lab and counted as an un-excused absence that day.

Due to limited space in the OMM Labs, students must bring to class only those materials necessary for lab. Backpacks, large purses, etc., need to be stored in the lockers provided.

Computer-Based Testing

It is the responsibility of each student to know and comply with the MSUCOM policy on computer-based testing. This policy may be found in the MSUCOM Student Handbook on the MSUCOM website.

Administration of quizzes, examinations, and other assessments may be self-proctored, virtual proctored, or classroom proctored. Regardless of the proctoring method, you are expected to take the exam in a quiet, private setting. Just like in a proctored exam, you are not to access notes, textbooks, references, your phone, or other materials, and you are not to interact with fellow students or others. Remember that integrity is defined as what you do when no one is looking.

You are also expected to not record, photograph, take screen shots, make notes of, or otherwise attempt to make a copy of any exam item for any purpose, including your personal use. A student who is discovered to have cheated or breached exam security will be subject to formal disciplinary action, up to and including dismissal from MSUCOM.

If you have concerns or evidence of an exam security breach on this or any exam, you may report that to an MSUCOM administrator or through the online concern form.

Medical Student Rights and Responsibilities

If problems arise between instructor and student, both should attempt to resolve them by informal,

direct discussions. If the problems remain unsolved, the Associate Dean for Medical Education and/or the MSU Ombudsperson may be consulted. The MSU Medical Student Rights and Responsibilities (MSRR) document defines processes for additional steps, including submission of a formal grievance. The MSSR may be found in the MSUCOM Student Handbook and online at splife.studentlife.msu.edu.

iClicker Student Policy

It is your responsibility to know and comply with the iClicker Student Policy. This policy may be found in the MSUCOM Student Handbook. If you forget your device or if it does not work, for whatever reason, no make-up experiences will be provided, and no points will be given.

If iClicker Student is used to take attendance for an on-campus event, you will be expected to arrive to the physical location on time and to stay for the duration of the assigned activity. If iClicker Student is used to take attendance for an online event, you will be expected to start the session at the scheduled time and participate for the duration of the assigned activity.

As a matter of professionalism, please note that under no circumstances should you provide access to your iClicker Student account to another student by sharing your device and/or account login, nor should you accept another student's device or login credentials to access iClicker Student on their behalf. Answering questions or checking in for attendance on behalf of another student by using their device or account is considered to be academic dishonesty and may result in disciplinary action up to and including dismissal from the college.

Remediation

The MSUCOM Policy for Retention, Promotion and Graduation requires successful completion of each required course to progress in the curriculum. If you receive an "N" grade in a course, that grade will be recorded on your official transcript; you must meet the course requirement by successfully remediating or repeating the course.

Eligibility to attempt remediation of the course is determined by criteria described in the "Course Grades" section of the syllabus. If you are not eligible to attempt remediation, or if you fail the remediation, you must retake the course, provided you are eligible to continue in the program as determined by the Committee on Student Evaluation.

Student Safety and Well-being

The MSUCOM website and Student Handbook provide information on student safety, campus security, access to medical care and counseling services, and to policies on injuries and exposures. If you have an injury or acute illness on campus, an incident report should be completed. The form is available on the MSUCOM intranet or from Academic Programs.

Academic Support Resources at MSUCOM

As a way to acclimate you to the curriculum at MSUCOM, we have created a program called On Target: <https://michiganstate.sharepoint.com/sites/OnTargetforAcademicSuccess>

On this site you will find semester roadmaps which gives a general overview of each semester, tools needed to be successful in the curriculum and targeted resources for your unique learning situation. In

each semester's road map, you will also find course expectations, tips for success, potential trouble spots, longitudinal course integration, and specific course study guides.

Requests for Accommodations

Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities (RCPD) at 517-884-7273 or online at rcpd.msu.edu. Once eligibility for an accommodation has been determined, you may be issued a Verified Individualized Services and Accommodation (VISA) form. Each VISA includes an expiration date; to request an accommodation, you must have an active VISA. You may work with RCPD to renew a VISA.

During the preclerkship curriculum, the college will help to coordinate accommodations for additional testing time. Provide your VISA to Nancy Thoma, thoman@msu.edu, A333 East Fee Hall at the start of the term and/or at least two weeks prior to the assessment event (test, project, labs, etc.). Requests for accommodations received with less notice will be honored whenever possible. You may choose whether or not you wish to use accommodations for a particular event. For other accommodations, you may also review your VISA with the course director and curriculum assistant assigned to that course.

Title IX Notifications

Michigan State University is committed to fostering a culture of caring and respect that is free of relationship violence and sexual misconduct, and to ensuring that all affected individuals have access to services. For information on reporting options, confidential advocacy and support resources, university policies and procedures, or how to make a difference on campus, visit the Title IX website at titleix.msu.edu.

Limits to confidentiality. Essays, journals, and other materials submitted for this class are generally considered confidential pursuant to the University's student record policies. However, you should be aware that University employees, including instructors, may not be able to maintain confidentiality when it conflicts with their responsibility to report certain issues to protect the health and safety of MSU community members and others. Instructors must report the following information to other University offices (including the Department of Police and Public Safety):

- Suspected child abuse/neglect, even if this maltreatment happened when you were a child;
- Allegations of sexual assault, relationship violence, stalking, or sexual harassment; and
- Credible threats of harm to oneself or to others.

These reports may trigger contact from a campus official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual. If you would like to talk about these events in a more confidential setting, you are encouraged to make an appointment with the MSU Counseling and Psychiatric Services.

Addendum: Course Schedule

Course schedule for the current semester will be posted to D2L. Changes to the course schedule will be noted on the class academic calendar ("Google calendar") and communicated to students via D2L and/or email. The schedule for the most recent offering of this course will be posted on the MSUCOM website under Current Students/Preclerkship Curriculum.